Aftercare Aftercare Aftercare Aftercare Aftercare Aftercare







EXPECTED SIDE EFFECTS

Immediately after the treatment there may be slight "redness, swelling, bruising, tenderness and an itching sensation in the treated area."

These will be temporary and generally disappear within a few days.

If it continues or if you experience other reactions, please contact your practitioner.

UNTIL REDNESS, SWELLING OR BRUISING HAS SETTLED:

Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (eg. Sauna, steam rooms, hot showers and sunbathing) or extreme cold.

FOR 6 HOURS

- Avoid touching the treated area for 6 hours after the treatment.
- After that the area can be washed with a gentle cleanser.

FOR 12-24 HOURS

- Avoid strenuous exercise and swimming to avoid risks of infection
- Avoid alcohol consumption for 24 hours before and after treatment.
- Apply SPF50 sunscreen

Please ensure you have booked your follow-up treatment for 3 weeks' time or as advised by your practitioner.

